

Gesellschaft
für psychosoziale
Einrichtungen

gpe

compact

Encounter at
Eye Level

www.gpe-mainz.de

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Association for Psychosocial Institutions

Returning to Everyday Life

We believe that it is essential to give everyone the opportunity to lead a self-determined life and to manage their daily activities independently. Supporting people with disabilities to build this foundation for their individual development is the central goal of gpe. The gpe – Association for Psychosocial Institutions – offers a wide range of options for qualification, employment and inclusion for people with mental illnesses and disabilities.

Since its founding, gpe has been committed to the principles of community psychiatry. It is an innovative organization that strives to provide contemporary answers in the various fields of psychiatric work. We have established our expertise in:

- Vocational training
- Rehabilitation
- Creating employment opportunities for people with mental disabilities
- Implementing various labor-market measures
- Providing supportive services for people with mental health conditions

Learn more

If you are interested in our programs, please feel free to contact us by phone or in person. We will be happy to provide information about our services, how to access them, and any necessary applications.

More information is also available online at:
www.gpe-mainz.de

Organization

Gesellschaft
für psychosoziale
Einrichtungen



Gesellschaft für psychosoziale Einrichtungen gGmbH

Galileo-Galilei-Straße 9a | 55129 Mainz

Phone: +49 (0)6131 669 40 10

info@gpe-mainz.de

www.gpe-mainz.de

Shareholders of gpe



Chairman of the Supervisory Board

Michael Hamm

Der Paritätische

Landesverband Rheinland-Pfalz/Saarland e.V.

Managing Director

Jörg Greis

Phone: +49 (0)6131 669 40 10

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Geschäftsleitung

Christine Böhler, Authorized Officer and Deputy Managing Director | Phone: +49 (0)6131 669 40 21 | info@gpe-mainz.de

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Corporate Communications

Gracia Schade

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presse@gpe-mainz.de

Community Psychiatry

Gemeindepsychiatrisches Zentrum (community psychiatric center), unplugged (Counseling Café), MOLLYWOOD, Wachsmannufaktur (wax manufactory)

Contact: Christopher Haas

Kaiserstraße 32 | 55116 Mainz | Phone: +49 (0)6131 906 76 21
gemeindepsychiatrie@gpe-mainz.de

ATRIUM

Work Diagnostics · Rehabilitation · Corporate Health, Occupational Therapy Practice

Contact: Ute Fragner

Nikolaus-Otto-Straße 27 | 55129 Mainz

Phone: +49 (0)6131 906 00 700

atrium@gpe-mainz.de

Inclusive Businesses

Hotel INNdependence

Contact: Alexander Tränkmann

inndependence@gpe-mainz.de

Bioläden natürlich mainz und natürlich ingelheim

(organic grocery stores)

Ansprechpartner: Alexander Tränkmann

Phone: +49 (0)1511 146 641 7

naturlich@gpe-mainz.de

ServiceCenter

ServiceCenter – Workshop for People with Disabilities

Contact: Renate Gierscher

Galileo-Galilei-Str. 11

Phone: +49 (0)6131 906 14-10/11

servicecenter@gpe-mainz.de

Gemeindepsychiatrie

Living Every Day

Maintaining or restoring personal independence and quality of life, even in the presence of mental illness, is at the heart of the work of gpe's Community Psychiatric Center (Gemeindepsychiatrisches Zentrum, or GPZ). Under one roof, the GPZ offers services and support en route to a self-determined everyday life – including a day center, an open meeting place, a contact and counseling center, psychosocial support and supported living groups.



Community Psychiatric Center

- Day Center
- Open Meeting Place
- Contact and Counseling Center

Director: Silke Nardello
Kaiserstraße 32 | 55116 Mainz
Phone: +49 (0)6131 219 75 96
gemeindepshiatrischeszentrum@gpe-mainz.de

- Psychosocial Assistance / Qualified Assistance
Contact: Martina Rikl
Kaiserstr. 32, 55116 Mainz
Phone: +49 (0)6131 219 75 96
gpz.psh@gpe-mainz.de

Supplemental Income

Appreciating Achievements

Being able to work two or three times a week for a few hours and earn a little extra is very important. The gpe creates new opportunities for this kind of income, such as MOLLYWOOD, a thrift store for plus sizes, or its own wax manufactory.



MOLLYWOOD

Second-Hand Fashion

Contact: Susanne Großer
Bahnhofstraße 2a | 55116 Mainz
Phone: +49 (0)6131 906 04 30
mollywood@gpe-mainz.de



Wax Manufactory

Contact: Beate Rothmaler
Mombacher Straße 78 | 55122 Mainz
Phone: +49 (0)6131 304 58 12
wachsmanufaktur@gpe-mainz.de
www.wachsmanufakturmainz.de

unplugged – Counseling Café

Being Oneself

Becoming and being an independent person is a great challenge for young adults. Many young people need support in this process or in coping with mental difficulties and illnesses.

unplugged – the Counseling Café offers a place to connect with other young people who have gone through similar experiences. Unplugged provides a variety of counseling, prevention, and support services for young adults and their families

unplugged
Das Beratungscafé

unplugged – Counseling Café

Director: Andreas Göbel
Leibnizstraße 47 | 55118 Mainz
Phone: +49 (0)6131 906 76 00
unplugged@gpe-mainz.de
www.unplugged-mainz.de

ATRIUM at gpe

Our services are designed for people with health impairments and psychosocial challenges. A multidisciplinary treatment and counseling team assists them in their professional reorientation and paves the way to employment.



ATRIUM

Center for Work Diagnostics, Rehabilitation, and Occupational Health

Leitung: Ute Fragner

Nikolaus-Otto-Straße 27 | 55129 Mainz

Phone: +49 (0)6131 906 00 700

atrium@gpe-mainz.de

www.atrium-gpe.de

Information Sessions

The ATRIUM team is always available for individual, non-binding information sessions. To make an appointment, please call: +49 (0)6131 906 00 700

Services at ATRIUM

The main focus of ATRIUM at gpe is the medical and vocational rehabilitation, distinguishing between work diagnostic and work integration measures.

Our work diagnostic measures focus on the individual's current personal situation and performance profile to identify support needs. Based on this, we develop customized services to facilitate social and professional participation.

The focus of the work integration measures is on the integration into the mainstream labor market in terms of training and employment. Key elements of the program include seminars on health and work-related topics, psychological and educational coaching, and the development of a viable perspective. The subsequent practical business phase lasts several months and aims at practical career (re)orientation, professional and theoretical qualification and, finally, the attainment of regular employment subject to social insurance.

Work-Diagnostic Measures

- **InDoc** Individualized diagnostic, orientation and coaching program for unemployed people with impairments of a primarily mental and psychosocial nature.
- **DIA-AM** Diagnosis of the employability of particularly affected disabled people
- **FOKUS** Identifying occupational interests, professional skills, and personal potential
- **SIL** Social integrative services to improve personal life situations
- **Integration Specialized Services – Transition from School to Work** For students with various support needs who require additional assistance in vocational orientation and planning

Work-Integrating Measures

- **BIMA** Professional integration with preparatory training, seminars, individual coaching and on-the-job practice
- **ProJob** Practice-oriented job coaching with preparatory training, shortened seminars, individual coaching, and on-the-job practice
- **InRAM** Integration of rehabilitants into the labor market analogous to the contents of BIMA
- **UB** Supported employment with individualized career guidance, job-specific qualification, and ongoing vocational support in companies operating in the general labor market

Ambulatory Skills Training

- **Staying Calm and Secure under Stress** (by Kaluza), recognized and subsidized by health insurance providers as a primary preventive program
- **Group Training in Social Skills** (by Hinsch & Pflingsten) as part of medically prescribed psychotherapeutic group therapy at the occupational therapy practice

Occupational Health Management

Organizations face the challenge of not only protecting but also promoting the health and well-being of their employees. A holistic management approach addresses the question of how to achieve health goals by shaping the conditions in which employees work. The promotion of healthy behavior among employees is inextricably linked to this. ATRIUM at gpe supports organizations in implementing elements of occupational health management (BGM), especially in the areas of workplace integration management and promoting resilience in the workplace.

The Mainz Model Project

Together with GPS (Gemeinnützige Gesellschaft für Paritätische Sozialarbeit mbH / Non-Profit Organization for Joint Social Work), we have been running the outpatient medical-vocational rehabilitation (mbR) Phase II under contract with the German Federal Pension Insurance (Deutsche Rentenversicherung Bund) since October 1, 2024. This is an important component of a three-stage rehabilitation model and is located between acute medical treatment (Phase I) and vocational rehabilitation (Phase III). During MBR Phase II, medical, therapeutic, educational, psychological, vocational, and social services are interconnected. The goal is to support individuals with complex needs in developing their abilities and returning to work.

Occupational Therapy at ATRIUM

ATRIUM at gpe includes an independent occupational therapy practice. Occupational therapy is based on medical and social science principles and is prescribed by a physician or psychotherapist. It is aimed at people of all ages who are restricted in their daily or working life, for example as a result of illness, extreme stress, a traumatic life event or an accident. The aim of occupational therapy is to achieve maximum independence in daily life or work, taking into account personal circumstances.

Occupational Therapy Practice

Directors: Isabell Kreitner-Eckert, Florian Heylmann
 Nikolaus-Otto-Straße 27 | 55129 Mainz
 Phone: +49 (0)6131 906 00 770
ergotherapie@gpe-mainz.de

Work and Rehabilitation

ServiceCenter

Creating Opportunities

The ServiceCenter is the right place for people who have experienced mental illness and unemployment and are not yet ready for the mainstream labor market.

As a recognized Workshop for People with Disabilities (WfbM), the ServiceCenter offers training and jobs in its own departments as well as in companies in the general labor market. Our wide range of work takes into account different life experiences and skill levels and offers a variety of training opportunities to prepare participants for the mainstream labor market. The first two years are centered around occupational rehabilitation: restoring basic work capabilities, job training, and planning for the future.

The workplaces of gpe are spread across twelve sites in Mainz and the Mainz-Bingen district. Tasks range from simple activities to jobs that are very similar to mainstream employment.



ServiceCenter

Workshop Director: Renate Gierscher
Galileo-Galilei-Str. 11 | 55129 Mainz
Phone: +49 (0)160 584 24 88
renate.gierscher@gpe-mainz.de

Admission Information

Monika Mühlroth
Galileo-Galilei-Str. 11 | 55129 Mainz
Phone: +49 (0)6131 906 14 12
monika.muehlroth@gpe-mainz.de

Starter Group

Starting a job at the workshop brings changes – not only in terms of a person's daily routine or the unfamiliar new demands of the workplace, but also regarding the self-image and self-acceptance of being a person with a chronic illness.

In the Starter Group, new workshop members have the opportunity to settle into the daily routine of gpe and become familiar with their new role as a sheltered workshop employee. The group leaders provide support and serve as a safe point of contact.

At the same time, participants explore, practice, and strengthen their individual competencies and professional skills. By visiting different departments and completing internships, they learn about the range of job opportunities at gpe, and, in consultation with a group leader, can try out a position that matches their interests and abilities.

Denis Bergamasco
Phone: +49 (0)175 629 74 64

Information Sessions

The ServiceCenter regularly offers non-binding information meetings. To request an appointment, call: +49 (0)6131 906 14 12

ServiceCenter next

ServiceCenter next helps workshop participants transition to jobs outside the workshop and assists them in finding suitable employment. Potential employers also receive thorough information, guidance, and support.

Denis Bergamasco
Galileo-Galilei-Straße 1 | 55129 Mainz
Phone: +49 (0)175 629 74 64
next@gpe-mainz.de

ServiceCenter impuls

The team at ServiceCenter impuls, consisting of educators and occupational therapists, offers targeted support to maintain, develop, and enhance personal and work capabilities, with services tailored to individual needs – through both one-on-one and group sessions or directly at the workplace.

Nadja Stock
Galileo-Galilei-Straße 11 | 55129 Mainz
Phone: +49 (0)175 629 75 62
impuls@gpe-mainz.de



ServiceCenter

Kitchen Services for Kindergartens, Schools, and Canteens

Mainz: Geschwister-Scholl-Straße 7 | 55131 Mainz
Kitchen Director: Silke Vogler
Phone: +49 (0)6131 144 29 14/17
kueche@gpe-mainz.de
www.kitaverpflegung-mainz.de
www.schulessen-mainz.de

Ingelheim: Carolinenstraße 2 | 55218 Ingelheim
schulmueche.bms-ingelheim@gpe-mainz.de

Nieder-Olm: Karl-Sieben-Straße 39 | 55268 Nieder-Olm
Kitchen Director: Jörg Fromm
schulmueche.no@gpe-mainz.de

ServiceCenter Galileo Canteen

Galileo-Galilei-Straße 9a | 55129 Mainz
Phone: +49 (0)6131 669 40 60
kantine.gal@gpe-mainz.de

ServiceCenter Canteen at the Bundesnetzagentur

(Federal Network Agency)
Department Director: Nico Czyszczon
Canisiusstraße 21 | 55122 Mainz
Phone: +49 (0)6131 275 36 06 | bna@gpe-mainz.de

ServiceCenter INNKüche

Gleiwitzer Straße 4 | 55131 Mainz
Phone: +49 (0)6131 578 958
innkueche@gpe-mainz.de



ServiceCenter Gast Hof Grün

Department Director: Nico Czyszczon
Leibnizstraße 27/29 | 55118 Mainz
Phone: +49 (0)6131 908 76 00 | ghg@gpe-mainz.de
www.gasthofgruen.de

druck+schick^S

Druck
Mailingservice
Buchbinderei

ServiceCenter druck+schick's Printing, Mailing Service

Phone: +49 (0)6131 304 58 15
Bookbinding
Phone: +49 (0)6131 304 58 13/14
Mombacher Straße 78 | 55122 Mainz
druckundschilds@gpe-mainz.de

ServiceCenter Assembly and Packaging Service

Location Dekan-Laist-Straße 13 | 55129 Mainz
Phone: +49 (0)6131 489 57 13/14/15
montageundverpackung.dls@gpe-mainz.de

Location Galileo-Galilei-Straße 9 a | 55129 Mainz
Phone: +49 (0) 61 31 66 940 35/36
montageundverpackung.gal@gpe-mainz.de

Das Nähwerk

ServiceCenter Das Nähwerk (Sewing Workshop)

Kaiserstraße 32 | 55116 Mainz
Phone: +49 (0)6131 219 75 97
dasnaehwerk@gpe-mainz.de

ServiceCenter Textile and Laundry Services

Mainzer Straße 28 | 55218 Ingelheim
Phone: +49 (0)6132 515 15 60
textilpflege@gpe-mainz.de

ServiceCenter Wäschepflege Drais (Laundry Service)

Seminarstraße 4 | 55127 Mainz-Drais
Phone: +49 (0)6131 906 05 95
waeschepflege.drais@gpe-mainz.de

ServiceCenter Campus Services

Galileo-Galilei-Straße 9a | 55129 Mainz
Phone: +49 (0)6131 669 40 39/62
campus-dl@gpe-mainz.de



Bildung inklusiv

ServiceCenter Campus Bildungswerkstatt

(Education Workshop)
Dekan-Laist-Straße 13 | 55129 Mainz
Phone: +49 (0)6131 489 75 20/21
campus@gpe-mainz.de
www.campus-gpe.de

Labor Market

Inclusion Companies (Retail and Gastronomy)

General Director: Alexander Tränkmann
Galileo-Galilei-Straße 9a | 55129 Mainz
Phone: +49 (0)1511 146 641 7
info@gpe-mainz.de

People with disabilities are present in all kinds of professional activities, positions and functions. Sometimes, however, the nature or severity of a disability requires an adjustment of the workplace and social environment to the individual's potential. This is why gpe runs inclusive businesses, which are "social enterprises" where people with and without disabilities work together – under real market conditions and with a standard employment contract. At gpe, these inclusive companies create an atmosphere where employees, customers and guests interact on an equal and natural basis.



Hotel INNdependence

Director: Johannes Jung
Gleiwitzer Straße 4 | 55131 Mainz
Phone: +49 (0)6131 250 53 80
info@inndependence.de
www.inndependence.de



Bioladen natürlich mainz

(Organic Food Store)

Director: Mirko Krpic

Josefsstraße 65 | 55118 Mainz

Phone: +49 (0)6131 614 97 6

natuerlich@gpe-mainz.de

www.bioladen-natuerlich.de



Bioladen natürlich ingelheim

(Organic Food Store)

Director: Stephan Grünberg

Mainzer Straße 26 | 55218 Ingelheim

Phone: +49 (0)6132 515 15 40

natuerlich-ingelheim@gpe-mainz.de

www.bioladen-natuerlich.de

Projects



Beekeeping for a Sustainable and Non-Discriminatory Society

The *Soziale Stadtimkerei* (Social Urban Beekeeping) allows people with and without disabilities to work together and actively contribute to the conservation of nature.

Our social and environmental incentives are part of our commitment to a sustainable and inclusive society. We believe that each person's individual growth lays the foundation for the continuing development of our network, and thus contributes to the positive evolution of society in the spirit of our vision. We meet weekly in small groups to plan our activities, engage in nature conservation and environmental education, and build partnerships with individuals and organizations.

Project Management Soziale Stadtimkerei

Jens Bucher

Mombacher Straße 78 | 55122 Mainz

jens.bucher@gpe-mainz.de

Phone: +49 (0)6131 304 58 11

www.soziale-stadtimkerei.de



Bildung inklusiv

The *Campus* Bildungswerkstatt (Educational Workshop) offers innovative professional training for people working in the broad field of mental health services – particularly in community-based psychiatric facilities. Campus is inclusive in every respect and open to all people, topics, and opportunities. Its educational programs, events, workshops, and conferences inform participants about the latest developments, encourage further development, and create space for dialogue. Campus offers both in-person and online seminars covering:

- Career and Work
- Mental Health
- Participation and Self-Determination
- Communication
- Educational Work
- Leadership and Management

Please visit our website for more information and the latest program.

Campus

Director: Nadine Wiesner
Dekan-Laist-Straße 13 | 55129 Mainz
Phone: +49 (0)151 234 41 81 6
campus@gpe-mainz.de
www.campus-gpe.de

Encounter at Eye Level

Preliminary Note

At gpe, we meet everyone at eye level. The following mission statement reflects this commitment.

As a company for people with and without disabilities, we are conscious of our social responsibility. We practice and advocate equal treatment in all respects.

Equal treatment applies regardless of appearance, disability, ethnicity, gender, ideology or religion, age or sexual identity.

1 Respect for Diversity

Inclusion is at the core of our company and the foundation of our success. We accept people for who they are. The diversity of human existence and the challenges facing our organization and its role in society stimulate creative thinking and offer new perspectives. This fosters new ideas and ways of doing things that drive progress in both us and our organization.

2 Focus on the Individual

Each person is fundamentally an expert in their own affairs. We recognize everyone as an autonomous individual. Our organization always puts people first. We tailor our work to each individual and, together, seek the best possible solution for each person and each challenge.

3 Working with and for Each Other

Our daily interactions are characterized by appreciation, respect and openness. We strive for maximum transparency and work towards clear goals. Reliability and attentiveness characterize our daily work. We act with empathy and professionalism.

4 Commitment and Expertise

We bring enthusiasm, diligence and a commitment to continuous improvement to our work. The expertise of our multidisciplinary teams helps us achieve the best possible results. We maintain strong networks and partnerships.

5 Facing Challenges with Optimism

A positive mindset shapes our daily work. Optimism enables us to step back, adopt a different viewpoint, and recognize new opportunities. This helps us remain confident, even in the face of significant challenges.

6 High Standards and Accountability

We aim to play an active role in building an inclusive society. We are consistently committed to this goal with quality and accountability.

7 Creating Perspectives

Our strength lies in our ability to adapt flexibly to ever-changing needs. We continuously develop ourselves and our services by closely observing and contributing to social and socio-political changes, even in their early stages.

Gesellschaft
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gpe

gpe gemeinnützige GmbH

Galileo-Galilei-Straße 9a | 55129 Mainz

Phone: +49 (0)6131 669 40 10

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www.gpe-mainz.de

gpe Online – an Overview

- www.gpe-mainz.de
- www.atrium-gpe.de
- www.bioladen-natuerlich.de
- www.campus-gpe.de
- www.gasthofgruen.de
- www.independence.de
- www.kitaverpfl egung-mainz.de
- www.schulessen-mainz.de
- www.wfbm-gpe.de
- www.soziale-stadtimker ei.de
- www.unplugged-mainz.de
- www.wachsmanufakturmainz.de
- www.wowachsun dhonigfl iessen.de